

## Samples of Additional Information (Psychology)

I am a girl who has a strong curiosity about human behaviour. When I was small, I always asked people questions, like, 'If you were that person, what would you do or what would you choose at that moment? Why?' Their answers would show their values and attitudes towards something. Magically, I do not get similar answers from different people. I wonder why different people have different views or choices about the same events. What are the elements affecting their actions and mind? I am very interested in them and want to understand people's behaviour. That is the reason why Psychology attracts me strongly.

experience  
led to the  
career goal

I joined the Health in Mind Club and Mindset programs in F.4 and F.5. I gained a lot of knowledge about healthy minds through these different activities. Moreover, I served psychiatric patients who have recovered several years before. While I was chatting with them, I learned their stories. Most of them lacked listeners who could listen to their worries and give them positive suggestions. If someone had listened to them, their situation may have been different.

In addition, mental health problems have become more serious in the last 10 years. Suffering from mental illness does not only belong to adults, but also to teenagers and children. Because of this, I started to dream about studying Psychology to help people in the future.

I was a prefect from F.3 to F.4. I was actively involved in different school functions, such as being a receptionist, maintaining order and serving guests on Open Days and Prize-giving Days. This enhanced my confidence, self-discipline and communication skills.

Besides, I joined a program called 'School-Company Partnership' held by the Young Entrepreneurs Development Council in Form 5. I had to run a stall with my group members. During the process, I learnt to be more patient, responsible and sociable since I needed to take part in promotion and serving customers. My team spirit was enhanced as I needed to cooperate with my group members for the smooth running of the business. Also, my problem-solving skills were enhanced as we needed to handle some unpredictable incidents.

personal  
qualities  
which are  
related to  
career goal  
developed  
through  
different  
experiences

Furthermore, I helped to organize and operate some workshops about the Health Mind in Club. Organizing workshops also improved my leadership and communication skills. I learnt how to distribute work better.

In addition, I am a caring, positive and patient person. I like listening to others and helping them to solve problems. Besides, I am a responsible and cheerful person. I can get along with people easily and build up long-term relationships. I always discharged the duties entrusted to me dutifully.

Personal  
qualities  
related to  
the career  
goal

Last but not the least, I like reading newspapers and observing everything about me. This helps me to learn more about the world.

I believe my personal qualities will make me a suitable candidate for studying Psychology. I look forward to my university life and will do my best to realize my dream.